



Practitioner Request for a Customised Medicine

This form is to be completed by the practitioner when requesting Cellular Medicines Limited to manufacture a customised non-prescription medicine under section 32 of the Medicines Act 1981. Typically, the practitioner is requesting a medicine having a daily dose of a therapeutic ingredient (such as a vitamin or mineral) higher than that in a dietary supplement or a specific combination of therapeutic ingredients. The practitioner is typically wanting to treat a specific disease, illness or injury.

From a legal point of view, we are supplying a custom medicine that the patient will take according to their judgement of their treatment. That is to say, the patient is assuming responsibility for their treatment, obviously with your guidance.

We, Cellular Medicines Limited, suggest that you and your patient discuss:

- the daily dose of the active ingredient(s) (e.g., the vitamin or mineral) that will have a therapeutic effect;
- the symptoms of taking too much of the active ingredient long term;
- the potential for the absorption of the active ingredient to compete with the absorption of other nutrients; and
- the cofactors (other nutrients) needed for the body to use the active ingredient.

It may not be possible to have complete knowledge on these points, but they are points you should consider. You should, as a minimum, have an idea of the dose of the active ingredient that you want. Please contact us if you have questions on these points (Glenn Pennycook at gpennycook@cellularmedicines.co.nz).

The request process is as follows.

Step 1. Complete this form and return it to office@cellularmedicines.co.nz

Step 2. We will contact you and/or the patient to clarify the specifics of your medicine and answer any questions you may have, and quote the cost.

Step 3. We will invoice you or the patient and post the medicine.

Information for the practitioner to provide

Please provide the following information.

(1) Patient's name:

(2) Patient's postal address:

(3) Patient's email:

(4) Patient's phone number:

(5) Practitioner's name:

(6) Practitioner's email:

(7) Practitioner's phone number:

(8) The reason for taking the requested medicine (i.e., the condition you are treating, which is required for the label):

(6) List of active ingredient(s) (e.g., vitamins and minerals) in the requested medicine and the daily dose(s):

(7) Intended length of treatment (e.g., 2 weeks/indefinitely):

(8) Patient's food allergies:

(9) Any potential adverse reaction of the patient to elderberry (which we use to flavour many of our products):

(10) Who to invoice (patient or practitioner):

Practitioner's Declaration

I am requesting Cellular Medicines Limited to manufacture a medicine that I will supply to a specific patient to take under their own guidance.

Practitioner's name:

Date:

Notes

Active ingredients are vitamins, minerals and other nutrients that provide a therapeutic effect. In terms of the daily dose that we legally must write on the bottle, there are no daily dose limits for B vitamins, vitamin C, vitamin E, vitamin K2, quercetin, or methylsulfonylmethane. However, vitamin D is limited to 1000 IU per day, vitamin A is limited to 10,000 IU per day, zinc is limited to 25 mg per day, and selenium is limited to 150 micrograms per day. (Medicines with a higher recommended daily dose of these substances are considered prescription medicines, which we do not manufacture.)